Community Garden and Horticulture Therapy

Sample Evaluation

Appropriate to Survey Program Administration and/or Staff of a Rehabilitation Program, Homeless Shelter, Senior Residential Facilities, or Detention Centers

Note to Agents – This is a sample evaluation that you can adapt to meet your county and programs. It is also available on Qualtric to edit, distribute to clients, analysis, and share with specialists electronically. The items on the evaluation align with KERS program indicators and the sample success story that is available.

The ____________ County Extension Service is proud to work with people interested in gardening and horticulture therapy. In order to continue our services, please take a few minutes to complete the following survey.

What types of challenges do garden project participants endure?

☐ Addiction  ☐ Loss
☐ Homeless  ☐ Physical abuse
☐ Illness or injury  ☐ Mental or emotional abuse
☐ Institutionalization  ☐ Military deployment
☐ Life change  ☐ Other ________________

On average how many hours per week were the participants in the garden? ________

Did the garden contribute to the participants’ ability to adapt to the living environment?

☐ Yes  ☐ Unsure
☐ No

How are the participants physically involved in caring for the garden? Select all that apply.

☐ Tilling  ☐ Integrated pest management
☐ Fertilizing  ☐ Weeding
☐ Soil testing  ☐ Harvesting
☐ Irrigation/ Watering  ☐ Composting
☐ Planting  ☐ Construction or repair
☐ Pruning  ☐ Other ________________
☐ Mulching
How did the participants improve physically? Select all that apply. (Note to Agents – This questions can be revised to ask the top 3 more frequent observed outcome or could be presented in a Likert Scale.)

- Increased stamina
- Increased physical activity
- Maintained or improved fine motor skills
- Maintained or improved gross motor skills
- Maintained or improved hand and eye coordination
- Maintained or improved balance
- Maintained or improved strength
- Other _______________

How has the garden contributed to emotional or psychological improvement? Select all that apply. (Note to Agents – This questions can be revised to ask the top 3 more frequent observed outcome or could be presented in a Likert Scale.)

- Create a sense of self-efficiency
- Created a sense of responsibility
- Displayed nurturing feelings
- Enhance productivity
- Empowered individual(s)
- Evoked positive feelings
- Increased competence
- Increased self-worth
- Increased self-confidence
- Improved sense of accomplishment
- Improved social interaction
- Inspired
- Invigorated
- Reconnect
- Reduce anger
- Reduce negative emotions
- Reduce stress
- Restore dignity
- Wakeful relaxation
- Other _______________

In which areas did participants improve cognitive skills? Select all that apply.

- Attention
- Memory
- Logic and reasoning
- Auditory processing
- Visual processing/ following directions
- Process speed
- Other _______________

How has the garden contributed to the participants’ ability to foster recovery or learning?

Have the participants used the garden skills since leaving the program? If yes, how?
How many pounds of produce was harvested from the garden?

How was the produce from the garden used?

How beneficial were the classes conducted by Extension staff and/or volunteers?

☐ Very beneficial
☐ Beneficial
☐ Not beneficial

Was the information relevant?

☐ Very relevant
☐ Relevant
☐ Not relevant

Was the information appropriate for the participants?

☐ Yes
☐ Maybe
☐ No

Do you anticipate future gardening projects with Extension?

☐ Definitely Yes
☐ Might or might not
☐ Definitely No

How can the program be improved?