

## Sample Success Story for Community Garden and Horticulture Therapy

*Note to Agents: This is a sample success story that aligns with the Sample Evaluation. It is to be adapted to meet your county and programs. If you use the Sample Evaluation, Qualtrics does analysis and provides the totals and percentages that you can use.*

*It is suggested that you use the top two to three intermediate outcomes in your story, not all of the possible outcomes.*

### REHABILITATION FACILITY or DETENTION CENTER

Over the past 20 years, the number of people incarcerated and deaths from drug abuse have continued to rise. The \_\_\_\_\_ County strives to change the addiction of alcohol and drugs that plague our communities. The \_\_\_\_\_ County Extension Service partnered with < NAME OF FACILITY> to organize and conduct a garden therapy program which served adults challenged with <CHALLENGES>. The participants were selected to participate by \_\_\_\_\_.

The Extension agent, program assistant and volunteers conducted <number> of educational programs and demonstrations to <number> participants over \_\_\_\_\_ weeks. The participants were responsible for < physical garden activities> in the <type of garden> garden.

The garden produced approximately \_\_\_\_\_ pounds of fresh produce that was \_\_\_\_\_.

The professional staff of <Name of Facility> observed that the gardening project benefited the physical and emotional health of the participants and improved cognitive skills. This includes: <list two or three of from each area>. <Quote from staff>

### SENIOR CENTER

In \_\_\_\_\_ County, \_\_\_\_\_ percent of the population over the age of 65. It is important that these older adults are physically, mentally, and socially active to maintain health.

The \_\_\_\_\_ County Extension Service partnered with <Name of Facility> to create a \_\_\_\_\_ garden. <number> of residents participated in the garden project. These adults were challenged by <Challenges>. <Describe the accommodations made for the challenges>.

The Extension agent, program assistant and volunteers conducted program, demonstrations, and work session over <number> weeks. The residents spent approximately \_\_\_\_\_ hours per week working in the garden doing < two or three physical activities done for garden care>.

The <Name of Facility> professional staff shared that those participating in the garden project maintained or improved their physical, emotional, and cognitive skills. This included <list two or three items from each category>.

Approximately \_\_\_\_\_ pounds of fruits and vegetables were harvested from the garden. The fresh produce was \_\_\_\_\_.

The professional staff shared .....